

Employee Wellness Programs

“Healthy employees create a positive and productive workplace”



More Productivity

Cut down on absenteeism, workers comp, health insurance, hiring and training costs by putting an employee wellness program into place. Implementing innovative wellness programs often helps to prevent employees from getting sick, missing work, and can help to reduce job related stress. Let us facilitate one or a series of workshops to jumpstart your staff, giving them the tools and information needed to achieve its objectives and goals. Healthy employees are happy employees. Happy employees are productive employees. Do you want to create a more positive and productive work environment?

Increase Morale

Our team can help boost employee energy, morale, health, and well-being. Wellness programs can include lunch and learn programs, breakfast presentations, seminars, workshops, or health screenings.

Our Most Popular Presentations

1. 6 Ways to Increase Your Energy By 100%
2. Developing Your Personal Wellness plan
3. How to Boost Your Immune System
4. Conquering Stress the Chiropractic Way
5. Enhancing your Body's Ability to Heal Itself
6. Sitting Fit: Taming the Stress of Sitting on the Job
7. Avoiding Injury through Good Body Mechanics
8. Beating Carpal Tunnel Syndrome Hands Down
9. Lowering Cholesterol Naturally Without Drugs
10. Losing Weight Naturally

.... Or we can customize topics specifically for your business or company

Reduce Stress

Experience a more positive work atmosphere today. We will help to inspire your employees to achieve a better quality of life.

Please Contact Dr. Lee Greer for more info

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